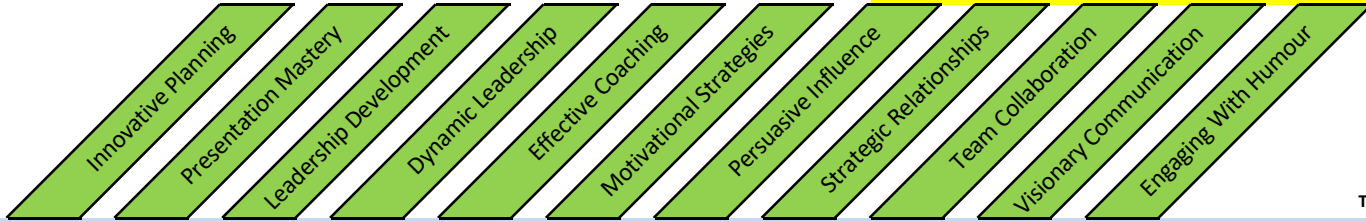


# PATHWAYS MATRIX

"Resources" means preparatory work is required before the speech.

R= Required

E = Elective



Projects

Task Details

## LEVEL ONE: Mastering Fundamentals 3 Required Projects

Ice Breaker	R	R	R	R	R	R	R	R	R	R	R	R	4-6 Minute Speech
Evaluation and Feedback	R	R	R	R	R	R	R	R	R	R	R	R	3 part project: 5-7 Minute Speech, Use feedback for second 5-7 minute speech, plus do an evaluation
Researching and Presenting	R	R	R	R	R	R	R	R	R	R	R	R	Resources, 5-7 Min Speech

## LEVEL TWO: Learning Your Style 3 Required Projects

Active listening (also in L3)							R	R		R			Table Topics Master
Intro to Toastmasters Mentoring	R	R	R	R	R	R	R	R	R	R	R	R	5-7 Minute Speech
Understanding your Communication Style		R		R	R	R	R				R		Discover Your Comm Style, 5-7 Min Speech
Understanding your Leadership Style	R		R	R	R			R	R	R	R		Discover Your Ldr Style, 5-7 Min Speech
Connect with your Audience (also in L3)	R											R	Unfamiliar Topic, 5-7 minute speech
Cross Cultural Understanding									R				Defining Your Cultural Identity, 5-7 minute speech
Effective Body language (also in L3)		R											5-7 Minute Speech
Managing Time			R										Time/Task Log, 5-7 Min Speech
Know your Sense of Humour												R	5- to 7-minute speech

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Projects

Task Details

Innovative Planning  
 Presentation Mastery  
 Leadership Development  
 Dynamic Leadership  
 Effective Coaching  
 Motivational Strategies  
 Persuasive Influence  
 Strategic Relationships  
 Team Collaboration  
 Visionary Communication  
 Engaging With Humour

LEVEL THREE: Increasing Knowledge													1 Required project and 2 Electives	
Active Listening (also in L2)	E	E	E	E	E			E		E	E	Table Topics Master		
Connect with Storytelling	E	E	E	E	E	E	E	E	E	E	E	Choose Story, 5-7 minute speech		
Connect with Your Audience (also in L2)		E	E	E	E	E	E	E	E	E	E	Unfamiliar Topic, 5-7 minute speech		
Creating Effective Visual Aids	E	E	E	E	E	E	E	E	E	E	E	Create 1-3 visual aids, 5-7 minute speech		
Deliver Social Speeches	E	E	E	E	E	E	E	E	E	E	E	Social Speech Basics Resource, Two 3-4 minute speeches		
Effective Body Language (also in L2)	E		E	E	E	E	E	E	E	E	E	5-7 Minute Speech		
Focus on the Positive	E	E	E	E	E	E	E	E	E	E	E	Record moods for two weeks, 5-7 min speech, project completion form		
Inspire Your Audience	E	E	E	E	E	E	E	E	E	E	E	5-7 Minute Speech		
Make Connections Through Networking	E	E	E	E	E	E	E	R	E	E	E	Resources, 5-7 Min Speech		
Prepare for an Interview	E	E	E	E	E	E	E	E	E	E	E	Resources, 5-7 Min Speech		
Understanding Vocal Variety	E	E	E	E	E	E	E	E	E	E	E	5-7 Minute Speech		
Using Descriptive Language	E	E	E	E	E	E	E	E	E	E	E	5-7 Minute Speech		
Using Presentation Software	E	E	E	E	E	E	E	E	E	E	E	Develop Presentation Slides, 5-7 minute speech		
Develop a Communication Plan										R		Write a Communication Plan, 5-7 minute speech		
Engage your Audience with Humour											R	5- to 7-minute speech		
Negotiate the Best Outcome				R								Resources, 5-7 Min Speech		
Persuasive Speaking		R										Outline, 5-7 Min Speech		
Planning and Implementing			R									Resources, 2-3 Min Report or 5-7 Min Speech		
Present a Proposal	R											Resources, 5-7 Min Speech		
Reaching Consensus					R							Lead Non-TM Group Towards Consensus, 5-7 Min Speech		
Successful Collaboration									R			Resources, 5-7 Min Speech		
Understanding Conflict Resolution							R					Video Activity, 5-7 Min Speech		
Understanding Emotional Intelligence						R						Journal, 5-7 Min Speech		

# PATHWAYS MATRIX

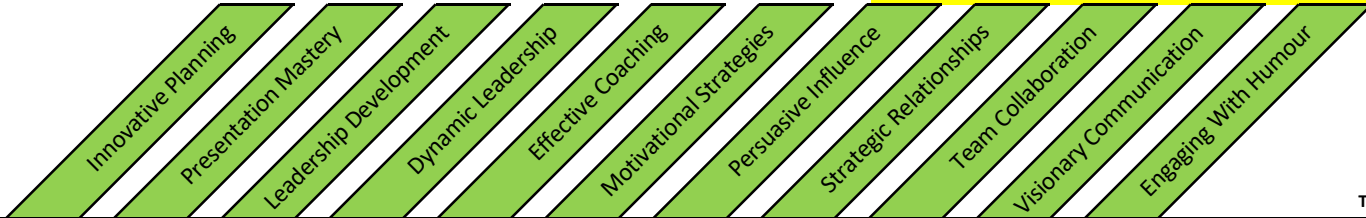
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Projects

Task Details



## LEVEL FOUR: Building Skills 1 Required project and 1 Elective

Project	Innovative Planning	Presentation Mastery	Leadership Development	Dynamic Leadership	Effective Coaching	Motivational Strategies	Persuasive Influence	Strategic Relationships	Team Collaboration	Visionary Communication	Engaging With Humour	Task Details
Building a Social Media Presence	E	E	E	E	E	E	E	E	E	E	E	Establish/Enhance Social Media, 5-7 minute speech
Create a Podcast	E	E	E	E	E	E	E	E	E	E	E	Record 60 min podcast, 2-3 minute speech
Manage Online Meetings	E	E	E	E	E	E	E	E	E	E	E	Resources, 20-25 Min Meeting
Manage Projects Successfully	R	E	E	E	E	E	E	E	E	E	E	Resources, 2-3 Min, 5-7 Min Speech
Managing a Difficult Audience	E	R	E	E	E	E	E	E	E	E	E	Role Play, 5-7 Min Speech
Public Relations Strategies	E	E	E	E	E	E	E	R	E	E	E	PR Strategy, 5-7 Min Speech
Question-and-Answer Session	E	E	E	E	E	E	E	E	E	E	E	5-7 Min Speech, Q and A
Write a Compelling Blog	E	E	E	E	E	E	E	E	E	E	E	Resources, 2-3 Minute Speech
Communicate Change									R			Develop Plan for Comm Change, 5-7 minute speech
Improvement Through Positive Coaching					R							Coach Individual, 5-7 Minute Speech
Leading in Difficult Situations								R				Resources, Action Plan, Impromptu Speech
Leading Your Team			R									Build/Lead a team, 5-7 min speech
Manage Change				R								Resources, 5-7 Min Speech
Motivate Others						R			R			Resources, 5-7 Min Speech
The Power of Humour in an Impromptu Speech											R	Resources, Two 2- to 3-minute impromptu speeches

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R= Required

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Projects

Task Details

LEVEL FIVE: Demonstrating Expertise													2 Required Projects and 1 Elective			
	Innovative Planning	Presentation Mastery	Leadership Development	Dynamic Leadership	Effective Coaching	Motivational Strategies	Persuasive Influence	Strategic Relationships	Team Collaboration	Visionary Communication	Engaging With Humour					
Ethical Leadership	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	Ethical Framework, 20-40 minute Panel Discussion
High Performance Leadership	R	E	E	E	R	E	R	E	E	E	E	E	E	E	E	Complete a Leadership Project using HPL guidelines.
Leading in Your Volunteer Organization	E	E	E	E	E	E	E	R	E	E	E	E	E	E	E	Volunteer Role (6 months), Resources, 5-7 min speech
Lessons Learned	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	Resources, 5-7 Min Speech
Moderate a Panel Discussion	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	Resources, 20-40 Min Panel Discussion
Prepare to Speak Professionally	E	R	E	E	E	E	E	E	E	E	E	E	E	E	E	Worksheet, 18-22 Minute Keynote Speech
Deliver your Message with Humour														R		An 18- to 22-minute keynote-style humorous speech
Develop Your Vision														R		Detailed Vision, Two 5-7 minute speeches
Lead in Any Situation				R						R						Serving in leadership (6 mths), 360 feedback, 8-10 minute speech
Manage Successful Events			R													Resources, 5-7 Min Speech
Reflect on Your Path	R	R	R	R	R	R	R	R	R	R	R	R	R	R	R	TM Journey Resource, 10-12 Min Speech
Team Building						R										Resources, 2-3 Min, 5-7 Min Speech